

FOR SURGERY STAFF USE:

Once the Carers are identified, you should identify any communication, religious or cultural barriers and then provide the appropriate support.

Have you checked for young carers?

You should:

- Register the patient as a carer using Read Code 918
- Refer the Carer for support services and assess for a GP Carer Break payment (they may need an appointment)
- Ensure the health needs of the Carer have been identified and assessed appropriately
- Ensure the Carer has been given information and understands the benefits of registering as a Carer.

For any additional guidance you can find the Carers Pathway on the Carers Prescription website.

Once a patient has registered as a Carer they can be referred to Carer support services through the Carers Prescription. <https://www.actionforcarers.org.uk/professionals/general-practitioners/>

GP Carer Registration Form

Do you look after someone who couldn't manage without you?

Does your GP know you're a carer?

Many people look after friends or family who can't manage without them. This could be due to a serious health condition, disability, mental health illness, frailty, addiction or substance misuse.

Being a carer can often affect your own health but your GP can support you if they know you care.

Just fill in this form and hand it to a receptionist to register yourself as a carer.

Tell us about yourself.....

Your first name:

Your surname:

Your home address:

Postcode:

Your date of birth: / /

Your email address:

Your home phone number:

Your mobile number:



What happens next?



Please ask to be given 'The Guide on Carers Support in Surrey' and take a look at your surgery's Carers Resource File.

If you feel that your health is suffering due to looking after someone, please make an appointment to see your doctor. **Your GP can help you to look after your own health needs by having more knowledge of your caring role, perhaps with a Carers Prescription.**

Please note: Completing this form does not automatically entitle you to have access to the medical records of the person you are caring for. Check your surgery policy regarding this.

Organisations who can help.....

- **Surrey County Council Adult Social Care Helpline**—call 0300 200 1005 or text to 07527 182 861 . visit surreycc.gov.uk/adultsocialcare
- **For more organisations** —visit surreyinformationpoint.org.uk
- **Action for Carers Surrey**— call 0303 040 1234 or visit actionforcarers.org.uk